

48th ANNUAL NEW MEXICO LUNG DISEASE SYMPOSIUM

-----2020-----

Jointly Sponsored by the



New Mexico Thoracic Society

A chapter of the American Thoracic Society

and the American Thoracic Society

Marriott Pyramid North Hotel, Albuquerque, NM ● March 7, 2020

The Albuquerque Marriott Pyramid North Hotel is located just west of I-25 and south of Paseo del Norte, at 5151 San Francisco NE, Albuquerque, NM.

[Book your group rate for 48th Annual NM Lung Disease Symposium](#)

Call: [1-800-262-2043](tel:1-800-262-2043)

Rates: \$105 per night for Friday & Saturday only

**2020 New Mexico Lung Disease Symposium Registration Form
or Register Online at www.nmthoracic.org**

Name _____
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NPI or NM License #: _____

		SAME DAY REG
<input type="checkbox"/> Physicians:	\$ 175	\$ 225
<input type="checkbox"/> Advanced Practice Practitioners: (NP, PA)	\$ 125	\$ 175
<input type="checkbox"/> Allied Healthcare Providers: (Nurses, RT, PSGT):	\$ 100	\$ 150
<input type="checkbox"/> Students & Physicians in training*		

*Free - Contact Symposium Manager or Chapter Administrator for details.

Please Indicate Degree(s):

MD / DO / NP / PA / RN / LPN / RT / RRT / RCP/RPSGT

Other: _____

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Register Online at www.nmthoracic.org

or

Please mail or email registration form and payment to:

New Mexico Thoracic Society

PO Box 27281, Albuquerque, NM 87125

nmthoracic@gmail.com

PROGRAM AGENDA:

FACULTY:

MORNING SESSION

- 07:15 – 07:45 Registration & Continental Breakfast
- 07:45 – 08:00 President's Welcome & Opening Comments
Nour Assad, MD; President of NMTS
- 08:00 – 08:15 Pre-Test
- 08:15 – 09:10 Myofunctional Therapy and OSA
Sandaluz Gonzalez, BS, COM, RDH, BBE
- 09:10 – 10:05 Emerging Therapies for Insomnia
Melissa Begay, MD
- 10:05 – 10:30 **BREAK**
- 10:30 – 11:30 It's Time to Thrive! Oral Appliance Therapy
Nagashree Prakash, DDS
- 11:30 – 12:25 Sleep and Marijuana
Rachel Kudera, RPSGT
Elizabeth Smith, RPSGT
- 12:25 – 13:15 **LUNCH**

AFTERNOON SESSION

- 13:15 – 14:10 Restless Leg Syndrome and Periodic Limb
Movement Disorder in Children
Dessislava Ianakieva, MD
- 14:10 – 15:05 Prevalence of Central Sleep Apnea in NM and
Treatment
Nicholas Cutrufello, MD
- 15:05 – 15:20 **BREAK**
- 15:20 – 16:15 Sleep Apnea and Pulmonary Hypertension
Sarah Medrek, MD
- 16:15 – 17:15 Facilitated Poster Sessions
- 17:15 – 17:30 Post-Test
- 17:30 Closing Remarks
Nour Assad, MD: President of NMTS

Melissa Begay, MD
Raymond G. Murphy VA Medical Center
Sleep Center
Albuquerque, NM
Email: Melissa.begay@va.gov

Nicholas Cutrufello, MD
Raymond G. Murphy VA Medical Center
Sleep Center
Albuquerque, NM
Email: nicholas.cutrufello@va.gov

Sandaluz Gonzalez, BS, COM, RDH, BBE
Owner/Director, Southwest Myofunctional Therapy
Albuquerque, NM
Email: breathe@swmyofunctional.com

Dessislava Ianakieva, MD
Family Medicine and Sleep Medicine
Presbyterian Sleep Disorder Center
Albuquerque, NM
Email: dianakiev@phs.org

Rachel Kudera, RPSGT
Manager, Sleep Clinic and Sleep Disorder Center
Presbyterian Healthcare System
Albuquerque, NM
Email: rkudera@phs.org

Sarah Medrek, MD
University of New Mexico
Raymond G. Murphy VA Medical Center
Albuquerque, NM
Email: sarah.medrek@va.gov

Nagashree Prakash, DDS
Board Certification in Dental Sleep Medicine
Albuquerque, New Mexico
Email: sleeptothrivedds@gmail.com

Elizabeth Smith, RSGT
Supervisor, Westside Sleep Center
Presbyterian Healthcare System
Albuquerque, NM
Email: esmith12@phs.org

● Temperature may vary in different sections of lecture hall.
Please bring a sweater or jacket so you will be comfortable.

● Faculty Disclosure information will be provided to participants at on-site registration, or earlier upon request by emailing the New Mexico Thoracic Society at nmthoracic@gmail.com

(ACCME Standards for Commercial Support).

*Program subject to change.

LEARNING OBJECTIVES:

The participants will:

- Achieve a better understanding of recent advances and clinical management of common adult pulmonary, sleep, and critical care diseases in order to facilitate better patient care and compliance.
- Appreciate the growing prevalence and impact of sleep disorders and conditions in the growing population.
- Better understand the common co-morbidities encountered during the management of sleep disorders.

NEEDS ASSESSMENT

Primary care providers require up to date knowledge of recommended management for patients with pulmonary disorders, sleep disorders and those who are critically ill. Our goal is to address current guidelines and new therapeutic modalities applicable to these patients. The activity will increase knowledge of the initial steps in understanding and managing common clinical presentations, particularly in relation to when referral to pulmonary, sleep and critical care specialists should be contemplated. In addition, contemporary therapeutic modalities now available to this population of patients will be addressed.

TARGET AUDIENCE

Physicians: Primary Care, Pulmonary and Critical Care, and Sleep Medicine; subspecialists in Internal Medicine; Physician Assistants, Nurse Practitioners, Nurses, Respiratory Therapists, Pharmacists, Respiratory Researchers, Sleep Technologists, Students in Allied Fields and Physicians in Training. The intended geographic catchment area is the southwest region of the U.S.

CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Thoracic Society and the **New Mexico Thoracic Society**. The American Thoracic Society is accredited by the ACCME to provide continuing medical education for physicians.

The American Thoracic Society designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This educational activity is pending approval of the New Mexico Society for Respiratory Care for a maximum of **7.5** hours of CEU. Respiratory Therapists should only claim credit commensurate with their participation in the activity.

This educational activity is pending approval to the American Academy of Sleep Medicine for a maximum of **7.5** hours of CEU. Individuals should claim only those Credits that he/she actually earned in the educational activity

DOOR PRIZES

Thank you to those who donated door prizes

ABOUT THE SOCIETY

This is the 48th Annual New Mexico Lung Disease Symposium for physicians and members of the pulmonary, critical care, and sleep community in New Mexico. The purpose of this program is to educate primary care practitioners, pulmonary, sleep, critical care practitioners and health care professionals about recent advances in epidemiology, pathology, physiology, and medical management of patients with pulmonary, sleep, and critical care disorders. Educational topics were chosen by the planning committee based on local expert opinion, recommendations from the 48th annual symposium, review of recent topics presented, recent advances in the field, and pertinent literature review.

OFFICERS and BOARD OF DIRECTORS:

Nour Assad, MD..... President, Director of Program
Cory Hicks, MD.....Past-President
Sarah Medrek, MD.....CCR Representative to ATS
Rebecca Padilla.....Chapter Administrator

PLANNING COMMITTEE:

Nour Assad, MD..... President, Director of Program
Cory Hicks, MD.....Past-President
Sarah Medrek, MD.....CCR Representative to ATS
Rachel Kudera, RPSGT.....Member-at-Large
Liz Smith, RPSGT.....Member-at-Large
Polly Dendy, BSRT, RRT-NPS.....Member-at-Large
Dona Upson, MD..... Member-at-Large
Sandraluz Gonzalez..... Member-at-Large
Samantha Roudabush, BS,RRT-ACCS..... Symposium Manager
Arlyn DaleWebmaster

SPONSORS

Sincere thanks to our sponsors

EXHIBITORS

We acknowledge our exhibitors:

Boehringer Ingelheim Pharmaceuticals, Fisher & Paykel Healthcare, Genentech, GlaxoSmithKline Respiratory Biologics, Hill-Rom, HME Specialists, Jazz Pharmaceuticals, Kindred Hospital, Koala Center for Sleep and TMJ Disorders, Medline, New Heart Pulmonary Rehab, Philips Respironics, ResMed, VieMed and Watermark Medical.

Conference participants may view exhibits before each session, during lunch and during breaks.

SCHOLARSHIPS

We are grateful for scholarships sponsored by: Kindred Hospital

SPONSORSHIP

The NMTS seeks sponsors for various activities at the symposium. All commercial support must comply with the Essential Areas and Policies of the ACCME.

For more information, please contact:
New Mexico Thoracic Society
nmthoracic@gmail.com